

TYC Standard Sailing Instructions

1 RULES

- 1.1 All races will be governed by the rules as defined in **The Racing Rules of Sailing (RRS) 2013 - 2016**.
- 1.2 **The Equipment Rules of Sailing (ERS) 2013 – 2016, the Class Rules of the any relevant class** and these **Sailing Instructions** will apply.

2 Eligibility

In accordance with the International Sailing Federation (ISAF) Regulation 19 (Eligibility Code), all competitors (Helmspersons and all other crew) shall be members in good standing of a Yacht Club affiliated to and in good standing with South African Sailing or their Member National Authority in the case of non-South Africans.

3 NOTICE TO COMPETITORS

Notices to competitors will be posted on the club notice board.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 11h00 on the day it will take effect.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the club flag pole
- 5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP.

6 SCHEDULE OF RACES

- 6.1 Dates of racing will be according to the published sailing calendar.
- 6.2 The first warning signal on a Sunday will not be before 11h00. If the scheduled start will be delayed, a notice will be put up on the notice board.
- 6.3 Number of races:
 - 6.3.1 A minimum of 3 races will constitute a series.
 - 6.3.2 A maximum of 4 races are scheduled per day
- 6.4 When there has been a long postponement and when more than one race will be held on the same day, the Warning Signal for the first race and each succeeding race will be made as soon as practicable. To alert boats that a race or sequence of races will begin soon, Flag "L" will be displayed before a Warning Signal is displayed. The Warning Signal will be made 1 minute after the lowering of Flag "L"

7 THE COURSE

The course including the number of rounds will be displayed on the board at the stern of the committee boat.

8 MARKS

- 8.1 Marks will be the fixed blue drums.
- 8.2 The starting and finishing marks will be the mark adjacent to the committee boat when on station.

9 THE START

- 9.1 Races will be started by using RRS 26 with the Warning Signal given 5 minutes before the starting signal.
- 9.2 The starting line will be between the mast displaying an Orange Flag on the Committee boat and the nearby start mark.
- 9.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes RRS A4 and A5.

10 THE FINISH

The finishing line will be between the mast displaying an Orange Flag on the Committee boat and the nearby finish mark.

11 SHORTENING COURSE

In addition to the provisions of RRS 32, the Race Committee may shorten the course before the leading boat of the class reaches a mark. Boats shall then round that mark, which remains a mark of the course, and thereafter proceed directly to the prescribed finish line, crossing the line from the direction of the last mark.

12 PENALTY SYSTEM

- 12.1 Rule 44.1 applies.
- 12.2 A boat that has taken a penalty or retired under RRS 31 or RRS 44.1 shall inform the Race Officer within the protest time limit.

13 TIME LIMITS

Boats failing to finish or who takes longer than 130 % of the time the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Protest forms are available at the Race Office. Protest shall be delivered there within the protest time limit.
- 14.2 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the Race Committee and Protest Committee about incidents they observe in the racing area and to requests for redress. This changes RRS 61.3 and 62.2
- 14.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings and times thereof in which they are parties or named as witnesses. Hearings will be held in the committee room.
- 14.4 Notices of protest by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).

- 14.5 A list of boats that have acknowledged breaking RRS 42 or have been disqualified by the (Protest Committee) (jury) will be posted before the protest time limit.

15 SCORING

- 15.1 Low Point scoring system of Appendix A4 will apply.
- 15.2 3 races are required to be completed to constitute a series.
- 15.3 (a) When fewer than 5 races have been completed, a boats series score will be the total of her race scores.
- (b) When from 5 to 9 races have been completed, a boats series score will be the total of her race scores excluding her worst score.
- (c) When 10 or more races have been completed, a boats series score will be the total of her race scores excluding her two worst scores.

16 SAFETY REGULATIONS

- 16.1 Yachts shall comply with their class buoyancy and safety requirements.
- 16.2 Youth category competitors shall wear a personal buoyancy aid at all times while afloat in a yacht.
- 16.3 Wet or Dry suits do not constitute adequate buoyancy!
- 16.4 A boat that retires from a race shall notify the Race Officer as soon as possible.

17 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions

18 TRASH DISPOSAL

Boats shall not discard trash in the water. Trash may be placed aboard support and Race Committee boats.

19 RADIO COMMUNICATION

- 19.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

20 PRIZES

Prizes may be awarded at the annual prize giving.

21 DISCLAIMER OF LIABILITY

Competitors participate in racing entirely at their own risk. See RRS 4, Decision to Race. Neither the Organising Authority nor its officials or other persons associated with the organisation of the event will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after racing.

22 INSURANCE

Each participating boat is encouraged to carry sufficient valid third-party liability insurance to cover any liability arising during the event.